

Southeast Connecticut Junior Soccer Association

2026 Spring League Schedules

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| | | | | U15 Bronze | 10 |

Notes:

**A copy of your roster must be given to the referee and opposing coach.
Coaches must wear their Coaches Pass around their neck during the match.**

**Norwich is without a home field this Spring
Waterford U15 Teams will need to play away the first two weeks of the season**

Any team that doesn't have a home field must work out the field arrangements with the visiting team. The visiting team will schedule the field and referees, but the home team will pay the referees at the visiting teams rates or provide their own referees. This must be agreed upon before the game is scheduled.

Memorial Day Weekend is a bye week for all teams.

For problems or concerns please contact the Division Charimans listed below

Boys Division

Kevin Girard
mhz888@gmail.com

Girls Division

Scott Anderson
seander77@gmail.com

Revisions:

The home coach and/or a member of the home team will read this to the spectators just before the start of play before the 1st and 4th week match. The visiting team will stand with the home team when this is read. It should be read from the center line so that both the home and visiting spectators can hear the message.

There is a Zero Tolerance Policy toward the referees. Need to respect the referee their decision will stand.

The CJSA Southeast District League expects all participants to be on their best behavior, this includes players, coaches, referees, and spectators.

All spectators are there to watch not coach. Let the players play, let the coaches coach.

This is not the World Cup.

Cheering for your team is always encouraged yelling is not!

Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U10 Girls Gold | |
|--------------------|---|-----------------------|--|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| Colchester | Kim Talarczyk / 860-377-9563 / kim.talarczyk@gmail.com | East Lyme | Kim Pingalore / 860-917-3639 / kim.adamaitis@gmail.com |
| Groton | Ryan Magee / 860-916-7116 / rmagee5513@gmail.com | Montville | James Fitzgerald / 860-268-2228 / fitzgeraldjames@msn.com |
| Stonington | Jackie Lagasse / 860-941-0420 / jackie.m.lagasse@gmail.com | | |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|--|--|--|--|
| Colchester v Groton Montville v East Lyme Stonington v Bye | Stonington v Montville East Lyme v Colchester Bye v Groton | Colchester v Montville Groton v Stonington East Lyme v Bye | Montville v Groton Stonington v East Lyme Bye v Colchester |

| 06/01 - 06/07 | 06/08 - 06/14 | 06/15 - 06/21 |
|--|--|---------------------|
| Groton v East Lyme Colchester v Stonington Montville v Bye | Groton v Colchester East Lyme v Montville Bye v Stonington | Stonington v Groton |

Home Team is listed first Scores will be entered at www.secjsa.org

Last week is for the Bye teams that only played 4 games on the schedule. You can play this Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U12 Girls Gold | |
|--------------------|--|-----------------------|--|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| Colchester | Nina Minella / 860-716-0374 / cmminella@gmail.com | Ledyard | Eric McDermott / 860-367-7166 / eric.mcdermott@hotmail.com |
| Stonington | Audra Hull / 860-949-2927 / audrawheeler@msn.com | Montville | Evan Thompson / 860-373-1686 / thompson.evanscott@gmail.com |
| East Lyme | Cameron Signs / 860-917-9564 / shanandcam@aol.com | | |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|---|---|---|---|
| Colchester v Stonington Montville v Ledyard East Lyme v Bye | East Lyme v Montville Ledyard v Colchester Bye v Stonington | Colchester v Montville Stonington v East Lyme Ledyard v Bye | Montville v Stonington East Lyme v Ledyard Bye v Colchester |

| 06/01 - 06/07 | 06/08 - 06/14 | 06/15 - 06/21 |
|---|---|------------------------|
| Stonington v Ledyard Colchester v East Lyme Montville v Bye | Stonington v Colchester Ledyard v Montville Bye v East Lyme | East Lyme v Stonington |

Home Team is listed first Scores will be entered at www.secjsa.org

Last week is for the Bye teams that only played 5 games on the schedule. You can play this Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U15 Girls Gold | |
|--------------------|---|-----------------------|--|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| Colchester | Adam Rettig / 860-753-1150 / atrettig@gmail.com | Stonington | Katie Quinlan / 860-857-5032 / kquinlan1107@gmail.com |
| Waterford | Peter Huoppi / 802-355-2468 / huoppi@hotmail.com | Lyme-Old Lyme | Justin Fuller / 678-596-1675 / jfuller777@gmail.com |
| Groton | Steve Meakem / 860-857-9544 / stevenmeakem@yahoo.com | | |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|--|--|--|--|
| Colchester v Waterford Lyme-Old Lyme v Stonington Groton v Bye | Groton v Lyme-Old Lyme Stonington v Colchester Bye v Waterford | Colchester v Lyme-Old Lyme Waterford v Groton Stonington v Bye | Lyme-Old Lyme v Waterford Groton v Stonington Bye v Colchester |

| 06/01 - 06/07 | 06/08 - 06/14 | 06/15 - 06/21 |
|--|--|----------------------|
| Waterford v Stonington Colchester v Groton Lyme-Old Lyme v Bye | Waterford v Colchester Stonington v Lyme-Old Lyme Bye v Groton | Groton v Waterford |

Home Team is listed first Scores will be entered at www.secjsa.org

Last week is for the Bye teams that only played 5 games on the schedule. You can play this Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U10 Girls Silver | |
|--------------------|--|-------------------------|--|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| East Lyme | Cynthia Lautenberger / 860-823-7357 / cyncylaut@gmail.com | Ledyard | Mark Bacon / 860-705-5639 / markandstephaniebacon@gmail.com |
| Stonington | Audra Hull / 860-949-2927 / audrawheeler@msn.com | Montville | Evan Thompson / 860-373-1686 / thompson.evanscott@gmail.com |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|---|---|---|---|
| Stonington v East Lyme Ledyard v Montville | Montville v Stonington Ledyard v East Lyme | East Lyme v Montville Stonington v Ledyard | East Lyme v Stonington Montville v Ledyard |

| 06/01 - 06/07 | 06/08 - 06/14 |
|---|---|
| Stonington v Montville East Lyme v Ledyard | Montville v East Lyme Ledyard v Stonington |

Home Team is listed first

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Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U12 Girls Silver | |
|--------------------|---|-------------------------|---|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| Waterford | Mike Zinn / 917-842-0882 / mzinn01@gmail.com | RHAM | Karen Esposito / 860-227-2279 / jkesposito@yahoo.com |
| Groton | Melinda Cassiere / 860-917-6988 / melindacassiere@gmail.com | Colchester | Dave Engle / 860-303-8629 / coachenglect@gmail.com |
| New London | Gamaliel Garcia / 860-861-4008 / gamaliel.garcia91@yahoo.com | Canterbury | Joe Labarbera / 860-460-5079 / labarbera.joeseph@gmail.com |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|--|--|--|--|
| Waterford v Groton New London v Canterbury Colchester v RHAM | New London v Colchester Canterbury v Groton RHAM v Waterford | Waterford v Colchester Groton v New London RHAM v Canterbury | Canterbury v Waterford New London v RHAM Colchester v Groton |

| 06/01 - 06/07 | 06/08 - 06/14 |
|--|--|
| Groton v RHAM Waterford v New London Colchester v Canterbury | Groton v Waterford Canterbury v New London RHAM v Colchester |

Home Team is listed first

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Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U15 Girls Silver | |
|--------------------|--|-------------------------|---|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| Plainfield | Tyler Wyngaard / 920-376-6133 / twyngaard2493@gmail.com | East Lyme | Josh Cardoza / 860-625-1340 / josh@ctsolarsolutions.com |
| Groton | Matt Brown / 860-610-9119 / mbrown@findcas.us | Montville | Tara Jones / 860-961-1268 / Tgpride10@aol.com |
| Norwich | Evan Degeatano / 860-705-4134 / evandegaetano@yahoo.com | Griswold | Josh Hastings / 413-214-1900 / josh.hastings@emerson.com |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|--|--|--|--|
| Plainfield v Groton Norwich v Griswold Montville v East Lyme | Norwich v Montville Griswold v Groton East Lyme v Plainfield | Plainfield v Montville Groton v Norwich East Lyme v Griswold | Griswold v Plainfield Norwich v East Lyme Montville v Groton |

| 06/01 - 06/07 | 06/08 - 06/14 |
|--|--|
| Groton v East Lyme Plainfield v Norwich Montville v Griswold | Groton v Plainfield Griswold v Norwich East Lyme v Montville |

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Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U10 Girls Bronze Red | |
|--------------------|--|-----------------------------|--|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| Groton 2 | John Curto / 413-896-2840 / jmcurto@gmail.com | Old Saybrook | Justin Blancato / 860-685-1822 / justinblancato@yahoo.com |
| Valley 2 | Trevor Danks / 860-227-8206 / Trallen19@yahoo.com | Ledyard | Mark Bacon / 860-705-5639 / markandstephaniebacon@gmail.com |
| Lyme-Old Lyme | Matt Osborne / 610-637-6139 / mkosborne01@yahoo.com | Stonington 1 | Greg Broadbent / 860-460-6939 / email@gregbroadbent.com |
| East Lyme | Paige DiTommaso / 860-951-2011 / paigeditommaso@gmail.com | Griswold | Nicholas Tessier / 860-944-7511 / nickxc1@yahoo.com |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|---|---|---|---|
| Groton 2 v Valley 2 Lyme-Old Lyme v East Lyme Old Saybrook v Ledyard Griswold v Stonington 1 | Ledyard v Lyme-Old Lyme Stonington 1 v Valley 2 East Lyme v Old Saybrook Griswold v Groton 2 | Groton 2 v Ledyard Valley 2 v Old Saybrook East Lyme v Stonington 1 Lyme-Old Lyme v Griswold | Stonington 1 v Groton 2 Old Saybrook v Lyme-Old Lyme Ledyard v East Lyme Griswold v Valley 2 |

| 06/01 - 06/07 | 06/08 - 06/14 | 06/15 - 06/21 |
|---|---|---|
| Valley 2 v Ledyard Old Saybrook v Groton 2 Lyme-Old Lyme v Stonington 1 East Lyme v Griswold | Groton 2 v Lyme-Old Lyme Valley 2 v East Lyme Stonington 1 v Old Saybrook Ledyard v Griswold | Groton 2 v East Lyme Valley 2 v Lyme-Old Lyme Ledyard v Stonington 1 Old Saybrook v Griswold |

Home Team is listed first Scores will be entered at www.secjsa.org

Made this a 7 week schedule so everyone plays each other once. You can play this game on Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U10 Girls Bronze Blue | |
|--------------------|---|------------------------------|--|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| Colchester | Matt Guarino / 860-817-8288 / coachmattguarino@gmail.com | Waterford | Jonathan Burdick / 860-490-2329 / jonb876@aol.com |
| RHAM | Joe Margaitis / 860-530-1111 / jmargaitis@hotmail.com | Groton 1 | Brian Arcarese / 860-405-5791 / bjarcarese@gmail.com |
| Stonington 2 | Greg Broadbent / 860-460-6939 / email@gregbroadbent.com | Norwich | Jay St. George / 860-821-9129 / norwichready@gmail.com |
| Westbrook | Alexander Lipka / 203-521-1532 / xpolska19@gmail.com | Valley 1 | Chris Desrosiers / 203-500-4416 / cdesrosiers@kbebuilding.com |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|---|---|---|---|
| Colchester v RHAM Stonington 2 v Westbrook Waterford v Groton 1 Valley 1 v Norwich | Groton 1 v Stonington 2 Norwich v RHAM Westbrook v Waterford Valley 1 v Colchester | Colchester v Groton 1 RHAM v Waterford Westbrook v Norwich Stonington 2 v Valley 1 | Norwich v Colchester Waterford v Stonington 2 Groton 1 v Westbrook Valley 1 v RHAM |

| 06/01 - 06/07 | 06/08 - 06/14 | 06/15 - 06/21 |
|---|---|---|
| RHAM v Groton 1 Waterford v Colchester Stonington 2 v Norwich Westbrook v Valley 1 | Colchester v Stonington 2 RHAM v Westbrook Norwich v Waterford Groton 1 v Valley 1 | Colchester v Westbrook RHAM v Stonington 2 Groton 1 v Norwich Waterford v Valley 1 |

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Made this a 7 week schedule so everyone plays each other once. You can play this game on Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U12 Girls Bronze | |
|--------------------|---|-------------------------|--|
| Teams | Coach / Phone | Teams | Coach / Phone |
| Groton 1 | Hazel Levine / 508-360-3377 / hazel.e.levine@gmail.com | East Lyme | Andrew Pearsall / 717-421-9206 / agp122@gmail.com |
| Groton 2 | Hazel Levine / 508-360-3377 / hazel.e.levine@gmail.com | Old Saybrook | Bryan Levasseur / 860-839-3304 / bryanlevasseur@ymail.com |
| Norwich | Chris Guisti / 860-705-2927 / guististorm@gmail.com | Ledyard | Chris Jelden / 860-501-1548 / chrisjelden@gmail.com |
| Stonington | Matthew Freeze / 571-384-9623 / mfreeze87@gmail.com | Valley | Nicole Desrosiers / 203-506-5292 / cdng.rktx@gmail.com |
| Norwich PAL | Kristopher Quay / 860-884-2893 / kris052111@gmail.com | Griswold | Jimmy Loarca / 860-884-3064 / sararyan0553@gmail.com |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|---|---|---|---|
| Groton 1 v Groton 2 Norwich v Stonington Norwich PAL v East Lyme Old Saybrook v Ledyard Griswold v Valley | Old Saybrook v Groton 2 Valley v Stonington Groton 1 v East Lyme Norwich v Ledyard Norwich PAL v Griswold | Groton 2 v Norwich Stonington v Norwich PAL East Lyme v Old Saybrook Ledyard v Valley Griswold v Groton 1 | Groton 2 v Valley Stonington v Groton 1 East Lyme v Norwich Ledyard v Norwich PAL Griswold v Old Saybrook |

| 06/01 - 06/07 | 06/08 - 06/14 |
|---|---|
| Groton 1 v Norwich PAL Norwich v Old Saybrook Groton 2 v Griswold Stonington v Ledyard Valley v East Lyme | Old Saybrook v Groton 1 Valley v Norwich Norwich PAL v Groton 2 East Lyme v Stonington Ledyard v Griswold |

Home Team is listed first

Scores will be entered at www.secjsa.org

Southeast Connecticut Junior Soccer Association

| Spring 2026 | | U15 Girls Bronze | |
|--------------------|---|-------------------------|---|
| Teams | Coach / Phone / Email | Teams | Coach / Phone / Email |
| East Haddam | Anthony Bergeron / 860-301-4960 / anthony81586@gmail.com | Ledyard 1 | Lee Eastbourne / 860-514-7972 / leeeastbourne@gmail.com |
| Colchester | Matt Parsons / 413-464-4080 / matt.parsons@colchestersoccer.org | Ledyard 2 | Mark Bacon / 860-705-5639 / markandstephaniebacon@gmail.com |
| New London | Jose Roman / 860-271-3331 / jroman16@outlook.com | Valley | Bryant Ziobron / 860-575-8288 / bziobron@hotmail.com |

| 04/27 - 05/03 | 05/04 - 05/10 | 05/11 - 05/17 | 05/25 - 05/31 |
|--|--|--|--|
| East Haddam v Colchester New London v Valley Ledyard 2 v Ledyard 1 | New London v Ledyard 2 Valley v Colchester Ledyard 1 v East Haddam | East Haddam v Ledyard 2 Colchester v New London Ledyard 1 v Valley | Valley v East Haddam New London v Ledyard 1 Ledyard 2 v Colchester |

| 06/01 - 06/07 | 06/08 - 06/14 |
|--|--|
| Colchester v Ledyard 1 East Haddam v New London Ledyard 2 v Valley | Colchester v East Haddam Valley v New London Ledyard 1 v Ledyard 2 |

Home Team is listed first

Scores will be entered at www.secjsa.org