

Southeast Connecticut Junior Soccer Association

2025 Spring League Schedules

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Notes:

A copy of your roster must be given to the referee and opposing coach

If there is no coach listed please contact that club president, they are all listed on the club page of our web site.

Any team that doesn't have a home field must work out the field arrangements with the visiting team. The visiting team will schedule the field and referees, but the home team will pay the referees at the visiting teams rates or provide their own referees. This must be agreed upon before the game is scheduled.

Memorial Day Weekend is a bye week for all teams.

For problems or concerns please contact the Division Charimans listed below

Boys Division

Kevin Girard
mhz888@gmail.com

Girls Division

Scott Anderson
seander77@gmail.com

Revisions:

4/24/2025 U10 Girls Stonington swapped coaches.

4/25/2025 U12 Gold coaches into updated

The home coach and/or a member of the home team will read this to the spectators just before the start of play before every match. The visiting team will stand with the home team when this is read. It should be read from the center line so that both the home and visiting spectators can hear the message.

There is a Zero Tolerance Policy toward the referees. Need to respect the referee their decision will stand.

The CJSA Southeast District League expects all participants to be on their best behavior, this includes players, coaches, referees, and spectators.

All spectators are there to watch not coach. Let the players play, let the coaches coach.

This is not the World Cup.

Cheering for your team is always encouraged yelling is not!

Southeast Connecticut Junior Soccer Association

Spring 2025		U12 Girls Gold	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
RHAM	Amy Bataille / 201-317-7816 / amyc0306@gmail.com	Colchester	Adam Rettig / -- / atrettig@gmail.com
Groton	Matt Brown / 860-610-9119 / mbrown125@hotmail.com	East Lyme	Josh Cardoza / 860-625-1340 / Josh@ctsolarsolutions.com
Stonington	Erin Janicek / 860-235-6646 / erin.janicek12@gmail.com		

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
RHAM v Groton East Lyme v Colchester Stonington v Bye	Stonington v East Lyme Colchester v RHAM Bye v Groton	RHAM v East Lyme Groton v Stonington Colchester v Bye	East Lyme v Groton Stonington v Colchester Bye v RHAM

06/02 - 06/08	06/09 - 06/15	06/16 - 06/22
Groton v Colchester RHAM v Stonington East Lyme v Bye	Groton v RHAM Colchester v East Lyme Bye v Stonington	Stonington v Groton

Home Team is listed first Scores will be entered at www.secjsa.org

Last week is for the Bye teams that only played 5 games on the schedule. You can play this Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

Spring 2025		U15 Girls Gold	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
Groton	Steven Meakem / 860-857-9544 / stevenmeakem@yahoo.com	Stonington	Jason Quinlan / 860-857-5032 / kquinlan1107@gmail.com
Lyme-Old Lyme	Justin Fuller / 678-596-1675 / jfuller777@gmail.com	Waterford	Peter Huoppi / 802-355-2468 / huoppi@hotmail.com

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
Groton v Lyme-Old Lyme	Stonington v Groton	Groton v Waterford	Lyme-Old Lyme v Groton
Waterford v Stonington	Lyme-Old Lyme v Waterford	Lyme-Old Lyme v Stonington	Stonington v Waterford

06/02 - 06/08	06/09 - 06/15
Groton v Stonington	Waterford v Groton
Waterford v Lyme-Old Lyme	Stonington v Lyme-Old Lyme

Home Team is listed first

Scores will be entered at www.secjsa.org

Southeast Connecticut Junior Soccer Association

Spring 2025		U10 Girls Silver	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
Colchester 1	Dave Engle / -- / CoachEnglect@gmail.com	New London	Andria Fraser / 860-333-2965 / andriarose3@aol.com
East Lyme	Vanessa Mulligan / -- / Nester4@yahoo.com	Stonington 1	Matt Freeze / 571-384-9623 / mfreeze87@gmail.com
Colchester 2	Kim Talarczyk / -- / coachlbeeler@gmail.com	Waterford	Mike Zinn / 917-842-0882 / mzinn01@gmail.com
Groton	Melinda Cassiere / 860-917-6988 / melindacassiere@gmail.com	Stonington 3	Nick Tewell / 860-333-3897 / ntewell@gmail.com
Ledyard	Christopher Jelden / 860-501-1548 / chrisjelden@gmail.com	Valley	Tessa Malcarne / 860-227-9538 / tessamalcarne@gmail.com
Montville	James Fitzgerald / 860-268-2228 / fitzgeraldjames@msn.com	Stonington 2	Audra Hull / 860-949-2927 / audrawheeler@msn.com

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
East Lyme v Colchester 1 Colchester 2 v Groton Ledyard v Valley New London v Stonington 1 Waterford v Stonington 3 Stonington 2 v Montville	Colchester 2 v East Lyme Groton v Ledyard New London v Montville Waterford v Stonington 1 Valley v Stonington 3 Colchester 1 v Stonington 2	Ledyard v East Lyme Groton v New London Montville v Waterford Valley v Stonington 1 Stonington 3 v Colchester 1 Colchester 2 v Stonington 2	Waterford v New London Stonington 1 v Groton Montville v Valley Colchester 1 v East Lyme Stonington 3 v Colchester 2 Stonington 2 v Ledyard

06/02 - 06/08	06/09 - 06/15
East Lyme v Waterford Valley v Groton Colchester 1 v Stonington 3 Stonington 1 v Colchester 2 Ledyard v Montville New London v Stonington 2	East Lyme v Valley Stonington 2 v Colchester 1 Montville v Colchester 2 Stonington 1 v Ledyard Stonington 3 v New London Groton v Waterford

Home Team is listed first

Southeast Connecticut Junior Soccer Association

Spring 2025		U12 Girls Silver Blue	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
Ledyard 1	Mark Bacon / 860-550-1061 / markandstephaniebacon@gmail.com	Old Saybrook 2	Jon Travisano / 203-641-4849 / Jon.Travisano@gmail.com
Lyme-Old Lyme	Justin Fuller / 678-596-1675 / jfuller777@gmail.com	RHAM	Laura Sabourin / 860-748-7274 / laura.n.sabourin@gmail.com
Montville	Tara Jones / 860-961-1268 / tgpride10@aol.com	Stonington	Robert Winslow / 203-482-9764 / rdwinslow16@gmail.com
Norwich	Evan Degeatano / 860-705-4134 / evandegaetano@yahoo.com		

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
Ledyard 1 v Lyme-Old Lyme Montville v Norwich Old Saybrook 2 v RHAM Bye v Stonington	RHAM v Montville Stonington v Lyme-Old Lyme Norwich v Old Saybrook 2 Bye v Ledyard 1	Ledyard 1 v RHAM Lyme-Old Lyme v Old Saybrook 2 Stonington v Norwich Bye v Montville	Stonington v Ledyard 1 Old Saybrook 2 v Montville RHAM v Norwich Lyme-Old Lyme v Bye

06/02 - 06/08	06/09 - 06/15	06/16 - 06/22
Lyme-Old Lyme v RHAM Ledyard 1 v Old Saybrook 2 Montville v Stonington Norwich v Bye	Montville v Ledyard 1 Norwich v Lyme-Old Lyme Old Saybrook 2 v Stonington RHAM v Bye	Lyme-Old Lyme v Montville Norwich v Ledyard 1 RHAM v Stonington

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Last week is for the Bye teams that only played 5 games on the schedule. You can play this Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

Spring 2025		U12 Girls Silver Red	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
Canterbury	Tiffany Antaya / 860-319-7514 / tiffany.antaya@gmail.com	Old Saybrook 1	Alex Foulkes / 413-250-3348 / afoulke1@gmail.com
Colchester	Nina Minella / -- / cmminella@gmail.com	Valley	Bryant Ziobron / 860-575-8288 / bziobron@hotmail.com
Groton	Jeff Nichols / 860-235-3991 / jeffanichols@hotmail.com	Waterford	Meghan Stanley / 860-235-4956 / meghan.stanley@gmail.com
Ledyard 2	Eric McDermott / 860-367-7166 / eric.mcdermott@hotmail.com		

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
Canterbury v Colchester Groton v Ledyard 2 Old Saybrook 1 v Valley Bye v Waterford	Valley v Groton Waterford v Colchester Ledyard 2 v Old Saybrook 1 Bye v Canterbury	Canterbury v Valley Colchester v Old Saybrook 1 Waterford v Ledyard 2 Bye v Groton	Waterford v Canterbury Old Saybrook 1 v Groton Valley v Ledyard 2 Colchester v Bye

06/02 - 06/08	06/09 - 06/15	06/16 - 06/22
Colchester v Valley Canterbury v Old Saybrook 1 Groton v Waterford Ledyard 2 v Bye	Groton v Canterbury Ledyard 2 v Colchester Old Saybrook 1 v Waterford Valley v Bye	Colchester v Groton Ledyard 2 v Canterbury Valley v Waterford

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Last week is for the Bye teams that only played 5 games on the schedule. You can play this Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

Spring 2025		U10 Girls Bronze Blue	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
East Lyme 2	Kimberly Pingalore / 860-917-3639 / kim.adamaitis@gmail.com	Lyme-Old Lyme	Matt Osborne / 610-637-6139 / mkosborne01@yahoo.com
East Lyme 3	Wesley Forster / 860-806-5336 / wesley.forster@rcmt.com	Montville	Evan Thompson / 860-373-1686 / thompson.evanscott@gmail.com
Griswold 1	Jimmy Loarca / 860-884-3064 / sararyan0553@gmail.com	Norwich	Phil Hewett / 281-728-1494 / philip.hewett@gmail.com
Groton 1	John Curto / 413-896-2840 / jmcurto@gmail.com	Old Saybrook	Bryan Levasseur / 860-839-3304 / bryanlevasseur@ymail.com

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
East Lyme 2 v East Lyme 3 Griswold 1 v Groton 1 Lyme-Old Lyme v Montville Old Saybrook v Norwich	Montville v Griswold 1 Norwich v East Lyme 3 Groton 1 v Lyme-Old Lyme Old Saybrook v East Lyme 2	East Lyme 2 v Montville East Lyme 3 v Lyme-Old Lyme Groton 1 v Norwich Griswold 1 v Old Saybrook	Norwich v East Lyme 2 Lyme-Old Lyme v Griswold 1 Montville v Groton 1 Old Saybrook v East Lyme 3

06/02 - 06/08	06/09 - 06/15	06/16 - 06/22
East Lyme 3 v Montville Lyme-Old Lyme v East Lyme 2 Griswold 1 v Norwich Groton 1 v Old Saybrook	East Lyme 2 v Griswold 1 East Lyme 3 v Groton 1 Norwich v Lyme-Old Lyme Montville v Old Saybrook	East Lyme 2 v Groton 1 East Lyme 3 v Griswold 1 Montville v Norwich Lyme-Old Lyme v Old Saybrook

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Made this a 7 week schedule so everyone plays each other once. You can play this game on Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

Spring 2025		U10 Girls Bronze Red	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
Stonington	Brittany West / 570-687-1775 / bmw_0809@hotmail.com	East Lyme 1	Cynthia Lautenberger / 860-823-7357 / cyncylaut@gmail.com
Valley	Ben Bellows / 860-391-7318 / benbellows10@gmail.com	Griswold 2	Ed Conn / 860-367-1182 / esconn007@gmail.com
Waterford	Brooke Chang / 860-908-3425 / brooke_a_chang@yahoo.com	Groton 2	Ryan Magee / 860-916-7116 / rmagee5513@gmail.com
Westbrook	Nelio Fineza / 203-848-8865 / nelio.dunkin@gmail.com		

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
Stonington v Valley Waterford v Westbrook East Lyme 1 v Griswold 2 Bye v Groton 2	Griswold 2 v Waterford Groton 2 v Valley Westbrook v East Lyme 1 Bye v Stonington	Stonington v Griswold 2 Valley v East Lyme 1 Groton 2 v Westbrook Bye v Waterford	Groton 2 v Stonington East Lyme 1 v Waterford Griswold 2 v Westbrook Valley v Bye

06/02 - 06/08	06/09 - 06/15	06/16 - 06/22
Valley v Griswold 2 Stonington v East Lyme 1 Waterford v Groton 2 Westbrook v Bye	Waterford v Stonington Westbrook v Valley East Lyme 1 v Groton 2 Griswold 2 v Bye	Valley v Waterford Westbrook v Stonington Griswold 2 v Groton 2

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Last week is for the Bye teams that only played 5 games on the schedule. You can play this Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

Spring 2025		U12 Girls Bronze	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
East Lyme 1	Andrew Pearsall / 717-421-9206 / agp122@gmail.com	New London	Gamaliel Garcia / 860-861-4008 / gamaliel.garcia91@yahoo.com
East Lyme 2	Cameron Signs / 860-917-9564 / shanandcam@aol.com	Valley	Bryant Ziobron / 860-575-8288 / bziobron@hotmail.com
Griswold	Jimmy Loarca / 860-884-3064 / sararyan0553@gmail.com	Westbrook	Julie Dwyer / 617-834-1434 / juliedwyer91@gmail.com
Groton	Hazel Levine / 508-360-3377 / hazel.e.levine@gmail.com		

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
East Lyme 1 v East Lyme 2 Griswold v Groton New London v Valley Bye v Westbrook	Valley v Griswold Westbrook v East Lyme 2 Groton v New London Bye v East Lyme 1	East Lyme 1 v Valley East Lyme 2 v New London Westbrook v Groton Bye v Griswold	Westbrook v East Lyme 1 New London v Griswold Valley v Groton East Lyme 2 v Bye

06/02 - 06/08	06/09 - 06/15	06/16 - 06/22
East Lyme 2 v Valley East Lyme 1 v New London Griswold v Westbrook Groton v Bye	Griswold v East Lyme 1 Groton v East Lyme 2 New London v Westbrook Valley v Bye	East Lyme 2 v Griswold Groton v East Lyme 1 Valley v Westbrook

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Last week is for the Bye teams that only played 5 games on the schedule. You can play this Memorial Day weekend if the coaches agree.

Southeast Connecticut Junior Soccer Association

Spring 2025		U15 Girls Bronze	
Teams	Coach / Phone / Email	Teams	Coach / Phone / Email
Colchester	Anton Smith / -- / Anton.Smith@colchestersoccer.org	Ledyard	Lee Eastbourne / 860-514-7972 / leeeastbourne@gmail.com
East Lyme	Dave Schultz / 860-597-6095 / uh60schultz@gmail.com	New London	Jose Roman / 860-271-3331 / jroman16@outlook.com
Griswold	Josh Hastings / 413-214-1900 / josh.hastings@emerson.com		

04/28 - 05/04	05/05 - 05/11	05/12 - 05/18	05/26 - 06/01
Colchester v East Lyme New London v Ledyard Griswold v Bye	Griswold v New London Ledyard v Colchester Bye v East Lyme	Colchester v New London East Lyme v Griswold Ledyard v Bye	New London v East Lyme Griswold v Ledyard Bye v Colchester

06/02 - 06/08	06/09 - 06/15	06/16 - 06/22
East Lyme v Ledyard Colchester v Griswold New London v Bye	East Lyme v Colchester Ledyard v New London Bye v Griswold	Griswold v East Lyme

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Last week is for the Bye teams that only played 5 games on the schedule. You can play this Memorial Day weekend if the coaches agree.